



**Family
Note**

As you do this and other counting activities, remember, of course, not to overdo it—avoid making counting a tedious activity!



Start a family penny jar to collect some of your family's pennies.

Count them once a week and watch the collection grow.

To add variety, sometimes count pennies backward after you have picked them up:

10 ... 9 ... 8 ... 7 ... 6 ... 5 ... 4 ... 3 ... 2 ... 1 ... 0

You can get better at counting backward if you practice. (Begin at 10. Later, try counting back from a higher number.)